

We're accessible

Family programs are also offered at:

Our service sites:

St Peter School (Family Playtime)
St. John's-on-the-Hill (Family Playtime)
St Andrews at the Terrace Long Term Care
(Infant Mother Goose)
St Andrews Church Hespeler (Family
Playtime)
Greenway/Chaplin Community Centre
(Parents Take a Break)

Other Sites:

Langs Farm Village Association
(Preston) 519-653-1470
Silverheights Resource Centre
(Hespeler) 519-654-2227
Preston Heights Community Group
(Preston) 519-650-2971
Kinbridge (serving South Cambridge)
519-740-8565

**The Cambridge Family Early
Years Centre gratefully
acknowledges the support of
the following:**

Ministry of Education
Regional Municipality of Waterloo
Dedicated volunteers

**The CFEYC is a non-profit
registered charitable
organization**

Charity #11909 4639

Contact us:



Cambridge Family Early Years Centre



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Cambridge, ON
N1R 3P4

Phone: (519) 740-8353

Fax: (519) 740-8244

Email:
cambridgefamily@bellnet.ca
www.cfeyc.ca



We are wheelchair accessible



Cambridge Family Early Years Centre



**Supporting families
with young children
0 to 6 years of age
519-740-8353**

www.cfeyc.ca

About us

The Cambridge Family Early Years Centre, is one of many Early Years Centres partially funded by the Ontario government to take a leadership role in supporting families with young children.

Ontario Early Years Centres were created to be a place where parents and caregivers can get answers to questions and information about programs and services available for young children, aged 0 to 6. These centres also provide an opportunity to talk to early years professionals, as well as other parents and caregivers.

We help children thrive by developing their educational, social, play and creative skills. The Centre is dedicated to enriching family life by offering support and education in a warm, friendly and caring environment and by ensuring access for all families.



Centre Resources:



Community Outreach Services:

The Centre is a host site for a Community Outreach worker who can help with issues including: fee subsidies, relief services, finding food, housing, clothing and access to transportation.

Some Programs

Family Playtime: quality time with family exploring educational toys, books and sensory centres

Baby and Me: an informative discovery of the wonders of baby's first year

Babies n'more: special time for parents & caregivers with babies/toddlers.

Sensory Playtime: a time of sensory exploration with your child 6 months and up (sitting up well).

Mother Goose: facilitators use stories, rhymes and songs to excite infants and parents

Sleep and Your New Baby: know about your baby's sleep cycle and how to respond. A session for parents of newborns from birth to 12 wks

Young Parents Connect: a supportive parenting group to help young moms and dads

AND MORE...

CFEYC Books For Birthdays:

The month of your child's birthday you can come in and pick a free book.

Toy/Resource Library:

Our knowledgeable librarian is available to help parents and children select toys, parenting books and magazines from our extensive lending library.



Clothing Closet:

Exchange of clothes for expectant mothers and children 0-6



More

Parenting courses, guest speakers and seminars

Prenatal Programs and support

Employment support from Lutherwood

Speech and Language Pathologist from KidsAbility offers support

Vision Screening and Eye Exam appointments available



Behavioural Consultants available

Family Resource Coach from Waterloo Region Family Network

Breast Feeding support

Community Kitchen

Early Childhood Educators on site

Peer Support programs

Referrals to other sites and resources

Volunteer opportunities and community resources

Hours:

Monday to Thursday: 9 to 4:00 p.m.

Friday: 9 a.m. to 12 noon

Tuesday evenings:

6 p.m. to 7:30 p.m.

Saturday: check calendar for dates

Hours may vary for evening and summer programs. Check current schedule.