



EarlyON | Water Street September 2019

Drop In, Stay, Play and Explore with us!

EarlyON | Water Street is operated by Cambridge Family Early Years Centre. We are located at 105-73 Water Street North in Cambridge and can be reached by calling 519-741-8585 ext. 3150 or 519-740-8353. Please park in the upper parking lot by our entrance at the back of Cambridge Place.

Our drop in learning environment is open any time our centre is open. We provide a variety of developmentally appropriate fun, and interactive learning opportunities for you and your child to explore together. Build connections with others while exploring play based learning with your child and other families. Have a question? Looking for a resource? Ask an EarlyON facilitator for support, information or resources. Come visit us today!

Please Note: We will be closed Saturday August 31st and Monday September 2nd for Labour Day.

Monday 9:00am-4:00pm	Tuesday 9:00am-7:00pm	Wednesday 9:00am-4:00pm	Thursday 9:00am-4:00pm	Friday 9:00am-12:00pm	Saturday 9:00am-12:00pm
Drop In for Children, Parents and other Caring Adults					
1:00-2:30 Baby and Me	1:00-2:30 Baby and Me	1:00-2:30 Baby and Me	1:00-2:30 Baby and Me	10:00-11:00 Baby and Me Breastfeeding	
Explore	Innovate	Play	Investigate	Connect	Discover
				Learn	

Me Breastfeed (Prenatal Workshop)

Tuesday September 17th 6:15-8:30 pm

Register at earlyyearsinfo.ca

Sleep and Your New Baby

Tuesday September 17th 1:00-2:30 pm

For parents with babies under 12 weeks of age.

Register at earlyyearsinfo.ca

Preparing for Parenthood (Prenatal Series)

Tuesdays September 24th – October 22nd 6:30-8:00pm

Registration is ongoing at earlyyearsinfo.ca

Parents Learning Together (Drop In)

This Peer Worker led program provides an opportunity for parents to come together and have an informal discussion around parenting success and challenges. Adults and children come together at the end of each program to participate in fun and engaging activities facilitated by an EarlyON team member. For more information, visit

<http://cfeyc.ca/wordpress/index.php/parenting-courses/parents-learning-together/>

For more information or program descriptions, please ask an EarlyON team member or visit earlyyearsinfo.ca/program-descriptions.html



Connections and Referrals

Knowing where and how to access services for your family can be a challenge. EarlyON Child and Family Centres are a one stop hub of information and resources where you can meet with community professionals to get answers

to questions about your family's well-being. We understand the challenges families are facing today, and are here to help. For more information about on onsite community supports at EarlyON sites throughout Waterloo Region, visit earlyyearsinfo.ca

Community Partner	EarlyON Water Street
Breastfeeding Buddies Baby and Me Breastfeeding Drop In	Drop In Fridays 10:00-11:00am
Carizon Zero2Six Children's Mental Health Consultation	Thursdays 9:30-12:30pm September 12 and 26
House of Friendship Family Outreach Program	Mondays and Thursdays Please call 519-742-8327 x253 (Mondays) or x251 (Thursdays) to book your appointment.
KidsAbility Speech and Language Support	Wednesdays 9:00-12:00pm September 18 and 25
Waterloo Region Family Network Family Resource Coach	Fridays 10:00-11:00am September 27
For more information about onsite supports or referrals, call:	519-741-8585 ext. 3150

Planned Closures

We will be closed Saturday August 31st and Monday September 2nd for Labour Day.

Unplanned Closures

Please check our Facebook and Twitter accounts @EarlyONWR for unplanned closures. Closures will also be posted on Facebook at **Cambridge Family Early Years Centre**.

Health and Wellness

Whether you are looking to stay for the day or just a couple of hours, your family is welcome to bring a meal or snack and eat together with other families in our snack area. Please notify our team at the beginning of each visit if you or your child has severe allergies.

We try to minimize illness by practicing good hygiene and disinfecting toys regularly. Children who are too ill to play, to attend childcare, or to attend school are too ill to come to the EarlyON Child and Family Centres. We follow Public Health guidelines and ask that you return to the centre after he/she is free of diarrhea and/or vomiting for 24 hours. Many babies and very young children attend the EarlyON Child and Family Centres and these children play and learn by mouthing objects. If you or your child shows signs of high fever, vomiting, diarrhea or other contagious illness you will be asked to leave the centre until you are well.

Social Media @ EarlyONWR

We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. We invite you to follow us on social media to receive up to date information on child development and caring for young children, as well as to learn more about programs and resources for your family