



# EarlyON | Water Street February 2020

## Drop In, Stay, Play and Explore with us!

EarlyON | Water Street is operated by Cambridge Family Early Years Centre. We are located at 105-73 Water Street North in Cambridge and can be reached by calling 519-741-8585 ext. 3150 or 519-740-8353. Please park in the upper parking lot by our entrance at the back of Cambridge Place.

Our drop in learning environment is open any time our centre is open. We provide a variety of developmentally appropriate fun, and interactive learning opportunities for you and your child to explore together. Build connections with others while exploring play based learning with your child and other families. Have a question? Looking for a resource? Ask an EarlyON facilitator for support, information or resources. Come visit us today!

**Please Note:** EarlyON | Water Street will be closed Saturday February 15<sup>th</sup> and Monday February 17<sup>th</sup> for Family Day Weekend. Regular hours of operation will resume Tuesday, February 18<sup>th</sup> at 9:00am.

Monday 9:00am-4:00pm	Tuesday 9:00am-7:00pm	Wednesday 9:00am-4:00pm	Thursday 9:00am-4:00pm	Friday 9:00am-12:00pm	Saturday 9:00am-12:00pm	
<div>Drop In for Children, Parents and other Caring Adults</div>						
		9:30-11:30 Parents Learning Together		10:00-11:00 Baby and Me Breastfeeding		
1:00-2:30 Baby and Me	1:00-2:30 Baby and Me	1:00-2:30 Baby and Me	1:00-2:30 Baby and Me			
Explore	Innovate	Play	Investigate	Connect	Learn	Discover

## Registered Programs

### Make the Connection 0-1

Fridays, January 17<sup>th</sup> – March 6<sup>th</sup>, 10:00-11:30am  
Call 519-741-8585 ext. 3150 to register

### Mother Goose

Mondays, January 20<sup>th</sup> – March 16<sup>th</sup>, 10:00-11:00am  
No program February 17<sup>th</sup>  
Call 519-741-8585 ext. 3150 to register

### Preparing for Parenthood

Tuesdays, January 28<sup>th</sup> – February 25<sup>th</sup>, 6:30-8:00 pm  
Register at [earlyyearsinfo.ca](http://earlyyearsinfo.ca)

### Sleep and Your New Baby

Tuesday, February 4<sup>th</sup> and 18<sup>th</sup>, 1:00-2:30 pm  
For parents with babies under 12 weeks of age.  
Register at [earlyyearsinfo.ca](http://earlyyearsinfo.ca)

### Young Parents Connect

Thursdays, January 16<sup>th</sup> – March 26<sup>th</sup>, 1:00-3:00 pm  
No program March 19<sup>th</sup>  
Call 519-741-8585 ext. 3150 to register

For more information or program descriptions, please ask an EarlyON team member or visit [earlyyearsinfo.ca/program-descriptions.html](http://earlyyearsinfo.ca/program-descriptions.html)



## Connections and Referrals

Knowing where and how to access services for your family can be a challenge. EarlyON Child and Family Centres are a one stop hub of information and resources where you can meet with community professionals with questions about your family's well-being. We understand the challenges families face today, and are here to help. To access dates for on-site community supports at other EarlyON sites in Waterloo Region, visit [earlyyearsinfo.ca](http://earlyyearsinfo.ca)

Community Partner	EarlyON   Water Street
<b>Breastfeeding Buddies</b> Baby and Me Breastfeeding Drop In	Drop In Fridays 10:00-11:00am
<b>Carizon</b> Zero2Six Children's Mental Health Consultation	Thursdays 9:30-12:30pm February 6 <sup>th</sup> and 20 <sup>th</sup>
<b>House of Friendship</b> Family Outreach Program	Mondays and Thursdays Please call 519-742-8327 x253 (Mondays) or x251 (Thursdays) to book your appointment.
<b>KidsAbility</b> Speech and Language Support	Wednesday 9:00-12:00pm February 12 <sup>th</sup>
<b>Waterloo Region Family Network</b> Family Resource Coach	Friday 10:00-11:00am February 25 <sup>th</sup>
<b>University of Waterloo, School of Optometry</b> Eye Exams	Thursday 10:00-3:30pm February 13 <sup>th</sup>
<b>To book an appointment or for more information, please call:</b>	<b>519-741-8585 ext. 3150</b>

## Planned Closures

EarlyON | Water Street will be closed Saturday, February 15<sup>th</sup> and Monday, February 17<sup>th</sup> for Family Day Weekend.

## Unplanned Closures

Please check our Facebook and Twitter accounts @EarlyONWR for unplanned closures. Closures will also be posted on Facebook at **Cambridge Family Early Years Centre**.

## Health and Wellness

Whether you are looking to stay for the day or just a couple of hours, your family is welcome to bring a meal or snack and eat together with other families in our snack area. Please notify our team at the beginning of each visit if you or your child has a severe allergy.

We try to minimize illness by practicing good hygiene and disinfecting toys regularly. Children who are too ill to play, to attend childcare, or to attend school are too ill to come to the EarlyON Child and Family Centres. We follow Public Health guidelines and ask that you return to the centre after he/she is free of diarrhea and/or vomiting for 24 hours. Many babies and very young children attend the EarlyON Child and Family Centres and these children play and learn by mouthing objects. If you or your child shows signs of high fever, vomiting, diarrhea or other contagious illness you will be asked to leave the centre until you are well.

## Social Media @ EarlyONWR

We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. We invite you to follow us on social media to receive up to date information on child development and caring for young children, as well as to learn more about programs and resources for your family