

# EarlyON | Water Street March 2020

## Drop In, Stay, Play and Explore with us!

EarlyON | Water Street is operated by Cambridge Family Early Years Centre. We are located at 105-73 Water Street North in Cambridge and can be reached by calling 519-741-8585 ext. 3150 or 519-740-8353. Please park in the upper parking lot by our entrance at the back of Cambridge Place.

Our drop in learning environment is open any time our centre is open. We provide a variety of developmentally appropriate fun, and interactive learning opportunities for you and your child to explore together. Build connections with others while exploring play based learning with your child and other families. Have a question? Looking for a resource? Ask an EarlyON facilitator for support, information or resources. Come visit us today!

Monday 9:00am-4:00pm	Tuesday 9:00am-7:00pm	Wednesday 9:00am-4:00pm	Thursday 9:00am-4:00pm	Friday 9:00am-12:00pm	Saturday 9:00am-12:00pm
	Drop In for Cl	hildren Barer	ets and other	Caring Adults	
		illuren, Parer	its and other	Caring Addits	
		9:30-11:30 Parents Learning Together Excluding March 18			
1:00-2:30 Baby and Me	1:00-2:30 Baby and Me	1:00-2:30 Baby and Me	1:00-2:30 Baby and Me		
Explore	Innovate P	lay Invest	igate Con	nect Learn	Discover

## **Registered Programs**

#### Make the Connection 0-1

Fridays, January 17<sup>th</sup> – March 6<sup>th</sup>, 10:00-11:30am Call 519-741-8585 ext. 3150 to register

#### **Mother Goose**

Mondays, January 20<sup>th</sup> – March 16<sup>th</sup>, 10:00-11:00am Call 519-741-8585 ext. 3150 to register

#### **Sleep and Your New Baby**

Tuesday, March 17<sup>th</sup> and 31<sup>st</sup>, 1:00-2:30 pm For parents with babies under 12 weeks of age. Register at <u>earlyyearsinfo.ca</u>

#### Me Breastfeed

Tuesday, March 10<sup>th</sup>, 6:00-8:30pm Call 519-772-1016 to register

## **Preparing for Parenthood**

Tuesdays, March 17<sup>th</sup> – Aril 14<sup>th</sup>, 6:30-8:00 pm Register at **earlyyearsinfo.ca** 

### **Young Parents Connect**

Thursdays, January 16<sup>th</sup> – March 26<sup>th</sup>, 1:00-3:00 pm No program March 19<sup>th</sup> Call 519-741-8585 ext. 3150 to register

For more information or program descriptions, please ask an EarlyON team member or visit <a href="mailto:earlyyearsinfo.ca/program-descriptions/">earlyyearsinfo.ca/program-descriptions/</a>





#### **Connections and Referrals**

Knowing where and how to access services for your family can be a challenge. EarlyON Child and Family Centres are a one stop hub of information and resources where you can meet with community professionals with questions about your family's well-being. We understand the challenges families face today, and are here to help. To access dates for on-site community supports at other EarlyON sites in Waterloo Region, visit earlyyearsinfo.ca

Community Partner	EarlyON   Water Street		
Breastfeeding Buddies Return to Work and Breastfeeding	Tuesday 10:00-11:30am March 10 Call 519-772-1016 to register.		
Carizon Zero2Six Children's Mental Health Consultation	Thursdays 9:30-12:30pm March 5 <sup>th</sup> and 26 <sup>th</sup>		
House of Friendship Family Outreach Program	Mondays and Thursdays Please call 519-742-8327 x253 (Mondays) or x251 (Thursdays) to book your appointment.		
KidsAbility Speech and Language Support	Wednesday 9:00-12:00pm March 18 <sup>th</sup> and 25 <sup>th</sup>		
Waterloo Region Family Network Family Resource Coach	Friday 10:00-11:00am March 13 <sup>th</sup>		
University of Waterloo, School of Optometry Eye Exams	Thursday 10:00-3:30pm March 12 <sup>th</sup>		
To book an appointment or for more information, please call:	519-741-8585 ext. 3150		

#### **Planned Closures**

No planned closures scheduled for March.

#### **Unplanned Closures**

Please check our Facebook and Twitter accounts @EarlyONWR for unplanned closures. Closures will also be posted on Facebook at **Cambridge Family Early Years Centre.** 

#### **Health and Wellness**

Whether you are looking to stay for the day or just a couple of hours, your family is welcome to bring a meal or snack and eat together with other families in our snack area. Please notify our team at the beginning of each visit if you or your child has a severe allergy.

We try to minimize illness by practicing good hygiene and disinfecting toys regularly. Children who are too ill to play, to attend childcare, or to attend school are too ill to come to the EarlyON Child and Family Centres. We follow Public Health guidelines and ask that you return to the centre after he/she is free of diarrhea and/or vomiting for 24 hours. Many babies and very young children attend the EarlyON Child and Family Centres and these children play and learn by mouthing objects. If you or your child shows signs of high fever, vomiting, diarrhea or other contagious illness you will be asked to leave the centre until you are well.

# Social Media 🛐 🎐 @ EarlyONWR

We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. We invite you to follow us on social media to receive up to date information on child development and caring for young children, as well as to learn more about programs and resources for your family



